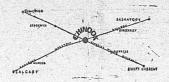
GHINOOK



Vol VI. No. 36

Thursday, Jan 1, 1920

Subscription : \$1.00 per year, in advance. Single Copy, 5 cents

Watch Your Victory Bond Coupons Dec. 1st.

UNION BANK OF CANADA

W. A. Cruickshank, Manager

Now that the Holiday Season is Over

and we trust it was a happy and joyous one to all our patrons and friends

Purchases will be more in the line of

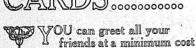
STAPLE GOODS

We have a well-assorted stock of the essential, much of which we are selling at pre-war prices

H.C. Brigginshaw

THE STORE WITH THE GOODS

NEW YEAR'S GREETING... ARDS.....



3

by sending Cards Call in and see our Specimen Book of Cards. Order now so as to have plenty of time to send to friends at a distance. We will also have on hand a full line of

Greeting Cards and Papeteries

at reasonable prices, which will make suitable Gifts

We will have some very pretty Cards and Paper specially suitable for Greetings, on which we can print any design. See them.

THE ADVANCE

BREEZELETS

Calgary Herald : If it is true that in Calgary impounded dogs are destroyed by shooting, the authorities should be ashamed of authorn— themselves, * * *

Perhaps Chinook's dog-poison er's freck—having "put to sleep" nineteen dogs during the past week in Chinook, might be able

Fourteen thousand were shot by Bolsheviki in Russia during the first three months of 1919.

And many in Canada are ad vocating Bolsheviki government for the Dominion. Such advocates should be shipped at once to Russia where they could enjoy the "freedom" that Bolsheviki gives them to their heart's con-

Our old friend, the influenza bug, is back again in Spain from whence he started.

throughout Dominion as a pro-test against Russell's conviction Come Again, Cereal on account of encouraging sympathic strike.

Ross seems to be aching to be 'martyr," as he knows he is liable for altwo-year-term for his action, and it would he are the come again, Cereal. action, and it would be a pity to Be a Good Sport, Anyway

time limit,

"Another jump for corn at Hard Luck Chicago," is the latest market * * *

There is no need to go all the way to Chicago for a ''corn jump' when a "corn" in Chinook make its owner jump to beat the -and then some.

In reply to the challange issu again on the issue of his suggested 48-hour strike throughout the cup home. the dominion, says : "I am not going to put myself out of a good job quite so easy."

Evidently Ross does not in piper, while he dances. A pretty wise guy, is this Ross.

But he don't have to resign but keep on advocating his strike to get a two-year term with Rus-sell—by that time there'll be no Everyone welcome. Stewart government,

CHINOOK BREEZES

Proudfoot-At Chinook, or Monday, Dec. 29th, to Mr. and Lorne Proudfoot, a son.

Lee—At Chinook, Saturday Dec. 27th, to Mr. and Mrs. W. A to give the Calgary authorities some pointers on the subject. that the infant died on the 29th that the infant died on the 29th,

> Dr. and Mrs. Paul, and young son left on Monday morning fo Untario, where, we understand they will in future reside,

Mr. G. T. Oxley, a former resident of Chinook, but now of Innisfail, was the guest of Mr. and Mrs. Black for Christmas.

Mr. and Mrs. Whitlock of Alsask, who have been visiting their son, Station Agent Whitlock, the past week or two

"Chicken coming home to roost." Let's hope someone il been entertaining Mrs. White-bust his gizzard and put an experie of mother. Mrs. Foreman to his yarchoutotting manifold the possible possible process from Saskatcheway, advocates being a nephewof Senator Micharympathic strike of 48 hours Mr. and Mrs. Whiteside have

Last Saturday evening, Cereal sent a couple of rinks to Chinook

One of the sufferers of Chin "Germany may sign the peace treaty next week," is the latest now having nineteen victims to one of these days Foch will be the twentieth, and be a good in the job with a "must" and a sport by taking some of his own

Chinook sent two rinks to Oyen at 7.30 p.m. this week to compete for the Beaver Cup, which had been re tained by Oyen from last season. but Chinook failed to lift the The Returned Veterans' Asso-coverted prize by five points. It ciation of Chinook and district was a well contested game all desire to express their most sinthrough, when Chinook lost out cere thanks and appreciation to in the last end one of the rinks, the citizens of Chinook and dis-Chinook will try again to bring honor, also for the very pleasant

A Pleasant Night Anticipated

A U.F.A. meeting will be held in the Laughlin school-house on Friday evening, Jan. 9th, at 8. tend to take any risks in losing oclock. In addition to a good expressing our gratitude is not his "cushy" job, but he advocates program, Mr. J. P. Watson will due to any lack of appreciation, that the 'other fellows" pay the give his illustrated lecture: "On but to the fact that we have had the evolution of the Western country, from the land of the Red Man to the wheat-raising country of the present day, and the subsequent entrance into

ANNOUNCEMENT OF

Chinook Hospital

DR. EGBERT

Has arranged with the proprietor of the Acadia Hotel for the setting aside of a part of the Hotel, to be used as a Hospital. Any kind of case may be admitted, except infectious cases.

MATERNITY CASES

SPECIAL ATTENTION

is being given to the care and accommodation of Maternity Cases.

TWENTY-FIVE

of these cases can be accommodated at one time, every patient occupying a strictly private room on the first floor. Every room is well furnished, steam-heated, and well heated at all hours of the day and night. Good beds and high-grade mattresses and springs. Ladies desiring such accommodation may call and see just how private and comfortable their surroundings will be.

REMEMBER

that your room will be strictly separate and private and in a part of the building entirely set aside for this purp. From the rest of the hotel.

Though a saye do the serie fragues a copical, this arrangement has been made largely with the people from outlying districts in view. Remembering the country's present financial condition, expenses will be as low for patients as it is humanly possible to make them.

Address any inquiries or communications to

DR. J. H. EGBERT,

CHINOOK, ALTA

Start the new year right and visely by subscribing for the Advance.

Mrs. R. S. Woodruff entertain ed Mrs. Roland, Mrs. Foreman

The first Sunday in the new ear, Jan. 4th, will be observed in the Chinook church. Special music by the choir and an appropriate sermon by the pastor Everybody welcome. start the new year right. Service

CARD OF THANKS

The Returned Veterans' Asso evening and dance following the banquet.

We also wish to impress upor the citizens who were so liberal and kind to us, the fact that the lateness of the date of our hereby no meeting, and that we individually left this matter to our Secretary, who has unfortunately been out of town much of the time since.

THE VETERANS OF CHINOOK term. AND DISTRICT

Chinook C. S. District

The Board of Trustees met in he school on Saturday, Dec. 21. Members present: Messrs. Young, Lensegraf, McIntosh, Minutes read and adopted.

Correspondence disposed of. Lensegraf, that the following debenture payments be made: Bison School Dis. 135 00

Popular 248.00 Chinouk 1130.00 Adjourned at call of Secretary

Peyton School District

The Annual Meeting of the ratepayers of the Peyton School District will be held at the school house, on Friday, Jan. 23, 1920, ock p.m.

G. RAY ROBISON,

Secretary at I o'clock p.m

E.J.BRIDGEMAN

B.A., Opt. D. of Saskatoon, Sask

Eye Specialist and Prefessional Optometrist

Will be at Chinook on Tuesday, Jan. 6th

Wanted

To Rent a Farm, section or more, with good buildings and seed furnished. Have large outfit. Will rent for one year, or

John Wolver, Sedalia



ISTANT

-the healthful table beverage now used so much by former tea and coffee drinkers.

"There's a Reason

Figure 1982.

| Property | Proper The Koh-I-Nor Diamond

Always Was Slow

Edith: Jack's been calling on for six months. Don't you think it's time.he proposed?

Mand: Oh, no lit was nearly a year before he proposed to me.

Minard's Liniment Cures Diphtheria.

A Mighty Domain

Canada the Last Great Anglo-Saxon Nation the World Can Ever See

Western Canada is the last great Anglo-Saxon maion the world can ever see. The dimensions of its domain represent figures of normity when it is realized that Canada West is as large as Britain, with several European countries in addition. A population in excess of fity millions can be supported in Western Canada At the present time the census statistics do not represent one twelth of this number. Countless acres of first-class soil await development into crop producing areas. The entire question is summed up in a few word bespeaking what mighty power good under the British Flag this wondrous country will some day attain, if proper means are adopted to populate its Immensity.—Athelney Evans.

W. N. U, 1296

You can't gain an advantage unti



A Mortgage on the Farm?

An Excelsior Policy will provide for its payment whether you live or die. Write us to-day for pamphlets.

THE EXCELSIOR LIFE INSURANCE CO.

Great Demand

For Alberta Fish

Companies Have Contracts for Half

companies Have Contracts for Half a Million Pounds of Whitefish Planning to supply over one miltion pounds of whitefish during each cason, the two new fishing compansa t Buffale Lake, Alberta, the Alterta, Fish Company of Edmonton and the Big River Fish Company of the sakatchewan, lave already been actively engaged in fishing operations ince the season opened on December st. The first consignment of whitests the arrive from the scene of operst to arrive from the scene of operst to arrive from the scene of operlat, The first consignment of whitefish to arrive from the scene of operations at Buffalo Lake has already
arrived in Edmonton, this being a
shipment sent out by the Alberta Fish
Company. This company began moving out the shipment on December 3,
or three days after the season opencl. Already these two companies
have contracts for -half a million
pounds of whitefish in 'Alberta and
Saskatchewan.
According to an official of one of

Saskatchewan.

According to an official of one of the new companies, there is a shortage of whitefish in the smaller lakes this season, and the demand for the product is likely to be heavy. The first carload arriving is of the finest quality and commercially establishes the great value of Buffalo Lake as a future source of whitefish supply.

Winnipeg's Building Program

Winnipeg's Building Program
More than \$\$2,000,000 of building
operations will be started in Winnipeg, Manitoba, next year, according
to a recent annoûncement. Indications point to the belief that Winnipeg will extend more in 1920 than in
any other year in the history.
The city alone plans to construct
improvements that will cost \$3,000,000

LET "DANDERINE" SAVE YOUR HAIR

rid of every bit of that ugly dandruff and stop falling hair



To stop falling hair at once and rid the scalp of every particle of dandruff get, a small bottle of "Danderine", at any drug or toilet counter for a few cents, pour a little in your hand and rub well into the scalp. After several applications all dandruff usually goes and hair stops coming out. Every hair in your head soon should be supported by the scale of the scal

The Guard's Wish
The railway official tells a story of
the tourist in Ircland who left the
train at every station and went ahead
to the luggage van to ask if his trunk
was safe. After the sixth time the
exasperated guard replied: "Begorn, balance sheet of the concern this
I wish the Lord had made ye an elephant instead of an ass, an' then
you'd always have your trunk in front
of you."

'Review of the Bond Market in

Canada for 1919" Canada for 1919'
Contents
Canadian Financial
Conditions in retrospect. Trend of prices
of Investment Securties. Comparative
Statistics Bond Sales in
the United States and
Canada 1919 Victory
Loan figures. A reference booklet issued
annually for investors
in Canadian Securities.
Copy mailed free
on request

DOMINION SECURITIES
ORPORNION LIVITED THESS-

CORPORATION LIMITED FORGETTS

Douglas Fir as a Sugar Producer

A New Source For Sugar in the Leaves of the Douglas Fir of British Columbia

Passing in strangeness any botanical discovery made in recent times is that recently made of a new source for sugar in the leaves of the Dougha fir situated in certain confined portions of the dry belt of British Columbia. Though this sugar was gathered by the Indians for centuries, and the bears have long been breaking down branches to feed upon it, the prenomenon seems to have escaped the notice entirely of the early missionaries and explorers and the surveyors who came later, for no word of it is written in the chronicles of the province, and had the pioneers known of it they undoubtedly would have written of it on account of its strangeness.

have written of it on account of its strangeness.

The repost of the facts relating to the phenomenon is made possible by the research of Prof. John Davidson, F.L.S., F.B.S.E., botanist in charge of the University of British Columbia, who spent much time in the dry belt region to investigate the phenomenon. He found that trees on southern and eastern exposures on gentle

He found that trees on southern and eastern exposures on gentle slopes in the dry belt region of British Columbia lying between parallels 50 and 51 and longitude 121 to 122 chiefly yielded sugar. Trees in dense forest and the other exposures in the dry belt did not generally yield. The trees which yielded were well_part, thus getting a good supply of sun-light on their leaves, a more plentiful supply of sunlight on their roots, and having a better air circulation through them than trees in densely forested them than trees in densely forested areas.-Christian Science Monitor,

As many as four thousand dates have been gathered from a single palm at one bearing.

ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"



For Colds, Pain, Headache, Neuralpackage which contains complete digia, Toothache, Earache, and for rections. Then you are getting real Rheumatism, Lumbagh, Sciatics, Neuritis, take Aspirin arted with the sembled by physicians for over nheams "Bayer" or you are not taking Aspirin and "Bayer" Tablets of Aspirin and "Bayer Tablets of Aspirin" in an unbroken "Bayer" also soil larger "Bayer" packages There is only one Aspirin—"Bayer"—You must say "Bayer" also soil larger "Bayer" packages

Amiens—A court-martial has sentenced the German officer Robert Robert Rocekling, administrator of mines at Karlsruhe, to ten years' imprison—Dank Rocekling, administrator of organizing the pillage of factories in eastern France. It was testified at his trial that he collected machinery and other material from the factories and blew material from the factories and blew of the pin November, 1918. His brothers, Herman and Ludwig, were given initial resultences by default.

The Rocekling bothers are known to the Premier's declaration on the same countries in 1918, and a fine of the material from the factories and blew on the premier (Emenceau's program, was than a German steek liking, and Herman, president of the association, was at Reeves as a member of the German armistice commission, for which reason he was not arrested. The other brother, Ludwig, went to Versailles as a member of the German armistice commission, for which reason he was not arrested. The other brother, Ludwig, went to Versailles as a member of the Officer of the peace delegation, and consequently was covered by diplomatic immunity.

Evin Is a Paradise

French Government Total production of wheat in 1919 in Demmark, Spain, France, Great Britan, Talay, Netherlands, Rumania, Swain, France, 1918, in the production of the same countries in 1918, and 21:50,000,000 in thesanc countries in 1918, and 21:50,000,000 is their average and an unual preduction of ryc in Demmark, Spain, France, Italy, Netherlands, Rumania, Swain, France, Italy, Netherlands, Rumania, Swain, France, Italy, Netherlands, Rumania, Swain, France, Great Britan, Talay, Netherlands, Rumania, Swain, France, Italy, Netherlands, Rumania, Swain,

chamber to work hard and talk little, and the run in less than seven days. There were more than 1.500 assengers on the control of the production of flax seed in Italy, and a five years's average of 76,500. The production of flax seed in Italy, and a five years's average of 76,500. The production of flax seed in Italy, and a five years's average of 76,500. The production of flax seed in Italy, and a five years's average of 76,500. The production of flax seed in Italy, and a five years's average of 43,500,000. The flat of the production of flax seed in Italy, and a five years's average of 43,500,000. The flat of the production of flax seed in Italy, and a five years's average of 43,500,000. The flat of the production of flax seed in Italy, and a five years's average of 43,500,000. The flat of the production of flax seed in Italy, and a five years's average of 43,500,000. The flat of the production of flax seed in Italy, and a five years's average of 43,500,000. The flat of the production of flax seed in Italy, and a five years's average of 43,500,000. The flat of the production of flax seed in Italy, and a five years's average of 43,500,000. The flat of the production of flax seed in Italy, and a five years's average of 43,500,000. The flat of the production of flax seed in Italy, and a five years's average of 43,500,000. The flat of the production of flax seed in Italy, and a five years's average of 43,500,000. The flat of the production of flax seed in Italy, and a five years's average of 43,500,000. The flat of the production of flax seed in Italy, and a five years's average of 43,500,000. The flat of the production of flax seed in Italy, and a five years's average of 43,500,000. The flat of the production of flax seed in Italy, and a five years's average of 43,500,000. The flat of the production of the year's average of 43,500,000. The flat of the production of the year's average of 43,500,000. The flat of the production of the year's average of 43,500,000. The flat of the production of the year's average of

French President to Honor Cities
Paris.—President Poincare will present the cross of Legion of Honor and the War Cross on December 28 to the cities of Lens, Bethune and Arras.

On the next day he will present the War Cross to Baupaume.

Flavelle Gives Quarter Million Toronto.—Size poseph. Flavelle handed his cheque for \$250,000 to the sent the present debt of \$835,000 from that On the next day he will present the War Cross to Baupaume.

Samuel McChire Says Ireland I six objections to the military agree ment.

Most Prosperous Country in the World

New York—The Mauretania, which air would be solved, "and then only left Cherbourg on December 10 and docked here Christinas day, despite where produced here Christinas day, despite where produced here christinas day, despite where more than 1,500 passengers on extending weeks of Jeanure of office would give its resignation to the production of flax seed in Italy, Sondand, Netherland and talk little the said the cabinet at the end of the world from the Mauretania after a three rived on the Mauretania after a three months' visit to Ireland, where he cannot be supported to the production of flax seed in Italy, and a discussion of the Mauretania after a three months' visit to Ireland, where he

U. S. Senate May Soon Reach An Agreement

Washington. — Although Republican and Democratic senators continued their conference on peace treaty reservations, there were no concrete results, and the leaders said they expected none for some days. There was a general feeling of confidence, however, that by the time the holiday recess ends, on January 5, the basis for an agreement will have been reached.

Obstacle to Ratification

mmission Is Not Vet Pres Carry Out Terms of Treaty

Treaty

Paris.—It was pointed out that a
considerable obstacle to final ratification of the Versailles peace treaty
exists in the fact that the commission,
headed by General-Lerond, is not yet
ready to meet and prepare for carrying out the terms of the treaty. There
has yet to be adjusted the matter of
the transportation of allied troops to
replace German forces in territory
subject to transfer of allegiance in
order to prevent trouble and preserve for an agreement will have been toon of the Versailles peace treaty reached.

Drafts of proposed changes in the reservations framed by the senate reactive for the reservations framed by the senate realized over by Senator Lodge, the lacked by Senator Lodge, the Robot of Wisconsin, a leader of mild reservation group Republicans.

They said the conference was of a genial nature, and that no final agreement on phraseology was reached.

It was emphasized in all quarters that the the reproductions still were in a hat the negotiations still were in a that the negotiations still were in a the three that the reservation group still the real properties of the realization of the

World's Crops Show Big Shortage

Nearly Two Hundred Million Bushels of Wheat Below Last Year Ottawa.— A cablegram received from the international institute at Rome gives the following official crop

Bolshevists Claim Capture of Several Towns and Many Pris-oners London.—A Bolsheviki communica-

tion received from the region of Bak-hamut, about 125 miles east of Yeka-

lhamut, about 125 miles east of Yeka-terinoslav, says:

"After fierce fighting with the troops of Gen. Manonitoff and Gen. Sikuro, our cavalry flung the enemy back to the south and the Reds or-cupied Staroniensk town. From No-vember 20 to December 20 the Reds occupied 125,000 square versts of ter-ritory, together with Kiev, Klarkov, Poltava and 39 smaller towns, and captured 5,289 soldiers and officers. "On the Turkestan front the Reds have occupied Bahaishem, southeast of Krasnovodsk and captured 500 prisoners."

Fatal Railway Accident in France Lille.—Fifteen persons were killed 35 injured in a rear-end collission killed and 35 injurèd in a rear-end collission just outside Donai, eighteen miles south of here, when a freight train crashed into a passenger train which was standing at the station. The engineer of the freight train, who is said to have run by a stop signal, escaped unhurt, but blew out his brains with a revolver after giving assistance to the injured passengers.

satisfiance to the injured passengers.

To Call Halt to White Terror ps to their publish an appeal from the board intory of directors of the German-Austrian Social Democratic party to the workering classes of other countries, parties is an to demand that their governments call and a halt to the white terror in Hungary, treaty

Empress Seriously III Geneva.—Former Empress Zita, of Austria, is reported to be seriously ill with pneumonia at Prangins.

Children's Festival Ends in Mad Riot

nds of Uninvited Guests Caus

za.

Already the disease has been eradicated from Central America, he said, although it still rages in Southern Mexico and a portion of Brazil. The committee stamped out the epidemies of the fever in Salvador, Honduras and Nicarauga, Dr. Lister said.

Employment of Disabled Men

Gratitude to Y.M.C.A. London.—The Daily Telegraph, al-lung to the lunge deficit which the Young Men's Christian Association incurred in the war, says the nation must bear the brunt of the burden if the activities of the association are to the activities of the association are to be continued and expanded. As the first step, the deficit must be wiped out as an act of gratitude. There is plenty of money for extravagance, and the plea in this case is that it will dis-charge a "debt of honor."

The planet Mars is never nearer the earth than 36,000,000 miles.

W. N. U. 1296

Veterans Are Ends in Mad Riot Thousands of Uniavited Guests Case of Heart-rending scenes in New York—Thousands of uniavited edithers, for whom no gifts were all the properties of the pro **Making Good**

Air Mail Service Winnipeg.—Plans are being completed for an aerial mail service between Winnipeg and St. Paul in the summer of 1920. One of the stations will be at Grand Forks, which is expected to be reached in 90 minutes from here. A Canadian charter has been obtained.

Strike Continues
Madrid.—Dispatches received here
from Vigo announce that the general
strike continues. Bombs were exploded in two factories at midnight,
causing extensive damage. There
were no victims, however.

Emp. oyment of Disabled Men Application Is Made By G.W.V.A. for a Charter in Winnipeg Winnipeg—Aninouncement of the application of the Great War Veterans' Association for a charter incorporating the association for a charter incorporating the association in a venture to assist disabled men to the extent of \$500,000 was made by Lieut. Leo Warde, chairman of the legislative committee of the Great War Veterans' Association. Mr. Warde announced that the charter will permit establishment and operation of a factory in Winnipeg for the employment of disabled men on woodwork and kindred trades. Reforestation of Manitoba's wooded territory and a more progressive the association is setting out to bring about, Mr. Warde declared, when interviewed. London—T Complete Local Autonomy Mayors of Four Principal Towns Meet to Draw Up Home Rill Calgary—Mayors of Alberta's four principal cities are in conference to be operating for the purpose of formulating a home for the purpose of formulating a home Irish Bill Is In Evidence

London,-The Daily Herald, Labor organ, quotes opinions on the government Home Rule plan. Arthur Griffith, founder of the Sinn Fein or-ganization and acting president of the

Complete Local Autonomy
Mayors of Four Principal Towns
Meet to Draw Up Home
Rule Bill
Calgary—Mayors of Alberta's four
principal cities are in conference here
for the purpose of formulating a home
rule bill for cities, to be presented at
the next session of the provincial assembly. The proposed bill will a doe opentive, but are made to affor complete local autonomy for ciles in all matters of local interest,
including money bylaws and certain
branches of taxation.
The conference is attended by the
following: R. C. Marshall, mayor of
Calgary, charman; Alderman S. H.
Adams, of Calgary; Mayor Jos.
Caldard, Saraman; Alderman S. H.
Adams, when the sum of the sum

NOTICE

beg t o notify my many friends and customers that I have moved into larger and more convenien premises, opposite the Union bank

Come in and see me

Chinook Harness Shop S. H. SMITH.

Proprietor,

· Chinook



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Any agent will assist you with your winter trip, quote lowest fares, secure berths and other accommodation

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Most modern and up-to-date Equipment, including Observation cars Winnipeg-Toronto and Edmonton-Vancouver

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Saskatoon, Sask.

W. E. BRIGGS

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SEDALIA P.O.

is prepared to handle sales anywhere in Alberta.

Dates may be arranged at this office

The Glad New Year and Its Message

A RETROSPECTION

By B. G. T., Chinook,

With the new year at hand, there are very few amongst us ward over the year now almost The year is almost gone with its loves and its hates, its errors, its mishappenings, its joys and its sorrows. How many amongst us are there who can look back with a feeling of thorough satisfaction? Have we been all that we should? Have we done to others what we would like them to do to us, or have we done the things we ought not to have done and left undone that which we should have done? Well we cannot change the past, we can only leave it with a prayer to the Father who understands, a prayer that He will over-rule our weakness, and wrong doing, and guide and direct our future. So let us leave the past, and not only leave it, but forget it and

plan for the new year. What has the old year brought you,

Joy and love and sweetness? Then pass them along to others. friend.

That they to imperfect lives may

A little of your completeness

A little of your completeness.

For hearts should be brimming with
hope and cheer,

And give no place to grief or fear,
When the glad new year is dawning. What has the Old Year brought you

Bitterness, tears and sorrows? Then let them die with the Old Year friend.

Or safe from the sight of the world defend

defend,

That none your gloim may borrow

has Fhearts should be brimming with

hope and cheer,

And give no place to grief or fear.

When the glad New Year is dawning

As we grow older how short a time they stay, these new years that come to us-the years fly by so very quickly and are gone into the past. Before we know it, we are getting old, and youth, wherein we played carelessly, joyously, never thinking of the future with its cares and anxieties its manifold worries, has left us forever. There are no second chances for us. There is no "yesterday" ever again, but each day comes to us new-born, so, this New Year, let us make the most of it, remembering always the Golden Rule. The words of the Irish song :

Oft in the stilly night, 'Ere slumber's chains have bound

Fond memory brings the light

Of other days around me, seem to apply particularly to the last days of the old year, for our thoughtsso very often turn backward over the days of old. What we think of these "stilly" nights, when we woo sleep in vain? Is it then our conscience seems most active and "trifles light as air" loom terribly large Does "fond memory" bring back the merry days of childhood, so that we live them over again, and think loveingly of our gay, pure childhood, of our dear mother who would willingly have worked her fingers to the bone to keer us young and happy forever Do we remember how we took all her love and devotion as a matter of course? Did we ever put our around her dear neck and say, "Mother, I love you so much?" If we did, then our thoughts of her are clothed in lavender and very fragrant. we took all her and our father's devotion as only our dues, without ever showing how much we (Continued on page 8)

Walter M. Crockett

Barrister, Solicitor, Notary

MONEY TO LOAN.

Special attention given to collections

Chinook, Alta. In Chinook every Tuesday and Friday

L. E. Ormond, B.A., LL.B.

Graduate of University of St. Francis Xavier's College and Dalhouise Law School, Burrister, - Solicitor, -

Netary Public

Advice re Land Settlement, etc., free to returned soldiers CHINOOK, - ALTA. will be in Cereal every Tuesday and Thursday

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CHINOOK

Dr. Ray F. Denholm

Graduate of Chicago College of

DENTAL SURGERY
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Office: 2nd floor Bank of Toronto.
Special appointments for out-of-town patients

Will be at the Vcadia Hotel, Ghineek every Friday, from 9.00 a.m. to 3 p.m

INSURANCE

Life Insurance or GO TO

C. W. RIDEOUT

Life Insurance - Fire Insurance Loans

CREAM WANTED!

Highest Prices Paid. Weekly returns For real satisfaction ship your cream to

The Hanna Creamery HANNA, ALBERTA.

MAH BROS.

Regular first-class meals, 40c
Board and Room by the week
very reasonable
Short Orders at all hours
Confectionery, Cigars, Cigarettes
and Tobaccos
Ice Cream and Bread
Fruits in Season

M. L. CHAPMAN Chinook, Alta.

GENERAL DRAYING

All orders promptly attende

Office: Opp. Crown Lumber yard CHINOON MARKETS

Wheat, No. 1 - No. 2 No. 3 -

Oats, No.	2, Cana	da Wes	t 66
Oats, feed			63
Barley		-	1.00
Flax -	-	-	3.80
Corn			
Live Hog	s (Calg	ary)	00 00
Eggs			75
Butter			50

Notice

A Pure-bred Durge Jersey Boar kept at north half 5.26-7 S. A. Wilton, Rearville

For Sale

Number of White Wyndotte Roosters for sale or exchange, A. SPREEMAN Collholme P.O.

Notice

Young Duroc Boar kept on n. half 6.28.7

Children Suffer For Want of Milk

The following statement has been issued by the board of commence commissioners at Winnipeg:

An amusing tale is todd of the commence that the foreign butter of the war, is being discussed in the state of the war, is being discussed in the state of the war, is being discussed in the war, is being discussed in the same of the beach and to the war, is being discussed in the war, is being discussed as the war is the war is like on the war, is being discussed in the war, is being discussed in the war, is being discussed in the war, is described in the war is like on the war, is being discussed in the war is like on the war is like on the war, is being discussed in the war is like on the war is like on the war, is like on the war is like on th

A Brass Bed in The Marquesa

Populace Marvelled at the Sight of

the "Golden Bed" An amusing tale is told of the coming of the first brass bed to Atuona Atuona is one of the Marquesas Is

that and heweight within the reach of the poorest people there is bound to be a heavy infinant mortality and general depreciation of the physical consideration of the poorest people there is bound so whether the mere deliters and cants brought into Canada by the present export total policia. This can never be made up in the mere deliters and cants throught into Canada by the present export total policia. The consider whether we should let this dren starter merely in order that the consideration of the control o

Builders Find Use

Refugees Are Using It In Place of

Flanders mud, the bane of all the

Francers mud, the bane of all tramies that operated in Belgium, is of some use after all. Lime is practically unobtainable in Belgium today, and in many of the ruined villages the refugees are laying stones and bricks with mud for temporary shelter against the coming winter, Others fill the chinks in their chimeses and walls with it and all-

tributing supplies and cleaning mortar of the control of the contr

Ancient Mesopotamia

In Former Times the Country Was
Covered With a Network
of Canals
Survey research work in Mesopotamia has revealed the fact that in
normer times the country was covered with a network of canals, showing
that a very elaborate system of irrigation must then have been in vogue.
Some of these canals were 20 feet
deep with steep embankments. This
interesting information was stated by
Lieut-Col. G. A. Beazeley Royal
Engineers, in a lecture given by him
at the Royal Geographical Society recently. He also brought to light the
fact that the city of Samarrah, which
is now a comparatively unimportant
town, at a period before the Christian
era must have been one of the most
populous trading centres of the East.
The ancient city was 20 miles in
length and .2½ in width, and it is
estimated that it contained about 4,a000,000 inhabitants. There were miles
not walls and warehouses, and it formted a converging point for caravans
from a vast area. Another city in
it Mexopotamia, the lecturer said, showred traces of having been laid out on
the lines of a modern Américan city.

the ings of a modern American city in the ings of a modern American city in the recept imbargo placed by Washington on exports, except to Canada, was necessary indeed.

But Canada cannot expect to depend with confidence on favors for a fuel supply vital to her prosperity and existence.

Fabulously rich, Canada lingers in the breadline, one of the most humitathe process of the confidence of the most humitathe process of the confidence in the world. At any time, particularly since Europe has come vigorously into the market for American coal, the humiliation my turn to tragedy, which is never far away from shameful impotence—
Montreal Star.

Ten years ago there were 50,000 houses empty in the County of London. Now there is virtually none vacant.

W. N. U. 1298

Find Use For Flanders Mud Western Canada Dairy Show

Great Influx of

Settlers Predicted

Large Numbers of British Will Locate in Alberta
Edmonton and the central and
north-central parts of Alberta will see
great development during 1920 in the
opinion of A. M. Frith, acting secretary of the Edmonton Board of
Trade. The city's population will be
greatly increased while land settlement will come with surprising alacrity.

greatly increased while land settlement will come with suprising alacrity.

A large number of enquiries are
now being received from every one
of the United Statea, particularly in
those of the west. Montana and Dakout State farmers are particularly
numerous in the number of inquiries
and all seek information concerning
land opportunities and the productive
possibilities of these districts.

But not only do the inquiries come
from the United States. British farmers are making enquiries with more
frequency than'ever before and this
class of settler may be looked for
in large numbers as soon as immigration and transportation opportunities
offer. All predictions point to an exceptionally large number of British
settlers.

May Abandon Bounty

And Substitute Royalty If Oil Is Found
Reports from Ottawa indicate that should Peace River and Northern Alberta oil areas develop into great producing oil fields, it is likely that the Government will cease paying a bounty on petroleum production in

the Government will cease paying a bounty on pertoleum production in Canada, and may even demand a royalty on each barrel produced.

The bounty was originally granted to encourage exploration for oil in this country, and it is felt that if the land leased from the Government should become productive of oil, the would be no longer necessary to continue the bounty, As the Government of the contract of the contrac derives a revenue from the lease of oil lands, the effect of a royalty would be to tax oil production on a dual basis.

Rise in Land Values

Ninety Dollars an Acre Was Paid for

Alberta Land
One of the largest deals in farm
lands in Alberta during the present
year has just been made, when 960
acres of wheat land in Southern Alberta were disposed of to Mr. Henry

berta were disposed of to Mr. Henry Godfrey, of North Dakota, This land is situated in the irriga-tion district, at Baintres, 33 miles cast of Calgary, and the purchase price of \$90 an acre is an indication of the productive value of this land. This aame block of land was purchased from the Canadian Pacific Railway some ten years ago at an average price of about \$25 an acre.

This annual show has been staged to take place in Winnipeg on Feb-ruary 16, continuing till the 22nd. The auditorium of the industrial bu-reau has again been secured, and with several contemplated alterations givseveral contemplated alterations giv-ing increased space, the promoters look forward to having a more suc-cessful show than any previous one. The features which the committee have in mind to put on are not yet definite, but one thing is sure, that have everything will be of vital interest to those associated in a live way with dairying.

The benefits derived at such a gath-

The benefits derived at such a gati-cing, presided over by the best lead-ers in dairy, thought and practice, have such an influence in the devel-opment of the industry that no one can afford to neglect coming to Win-nipeg on February 16. The show space is being taken up with avidity by those who had space last year, and with many new exhibi-tors asking for space the committee feel success is assured and that every inch will be let.

inch will be let.

Lord Jellicoe

Dislikes Speeches

Tote Road Through Alberta

Possible to Carry in Freight for Far
North Through the Winter
In order to facilitate the moving
of freight into the north country, a
tote road of about ten miles is to be
cut through the bush from Mile 273
on the Alberta & Great Waterways
Railway to the Clearwater River.
This will make it possible to carry in
freight destined for the far north
through the winter. It will be stored
at Fort McAlurray in time for the
opening of navigation on the Athabasea in the spring of 1920. Navigation season on the northern waterways is short, and more or less loss
was incurred during the past summer
and fall through delays in getting in
the freight. The opening of the tote
road will to a great extent obviate
these difficulties by bridging the gap
in the route at the end of the waterways steel. Considerable quantities
of freight intended for the far north
trade are already on their way to Edmonton, and this will be moved to the
head of navigation during the winter.
Fort McMurray, it is expected, will
will be filled up with northbound merchandise which will
buil be filled up with northbound merchandise which will
buil be filled up with northbound merchandise which will
buil be granted on the water route
to the posts beyond.

Taxing the Wealthy

As a recently measure a royal de-

Taxing the Wealthy

Taxing the Wealthy
As a revenue measure a royal decree has been issued by the Italian
government providing for an extraordinary levy on inheritances, an income tax contribution from war profits, a tax on huxury goods and a new
national loan at 5 per cent. The
measure amounts to a radical reform
and is tantamount to a fiscal revolution, for it satisfies to a large extent
the popular and Socialist demands for
heavy imposts on the wealthy classes,

An official decree issued in Italy puts on the retired list 200 generals, 1,000 superior officers, ranging from colonels to majors, and about 20,000 subaltern officers. This is the rast step in the reduction of the army to the lowest possible limit.

There are too many men in the Even after slates were invented peo-world who are not content with wast-ple continued to multiply on the face of the earth.

WOMANS IBSET

WOMANS IBSET

WATER AND AND THE STREET STREE



Great Activity

In Farm Lands

Signs Indicate That Land Values Will Double

Great activity in farm lands in Manitoba, Saskatchewan and Alberta, with the biggest demand that has been in evidence for several years, is reported.

been in evidence for several years, is reported.

Farm I ands are changing hands rapidly, but the purchasers are, for the most part, local men who know the land and have had an opportunity during the summer to inspect it and to ascertain what it will produce. One feature of the land movement is that fully 80 per cent of the purchasers are men who will actually farm the land themselves.

During the last six months and values have advanced fully 20 per cent, continues the report. In the three prairie provinces the prevailing prices at which these properties are changing hands are from \$50 to \$60 per acre for improved land, and from \$30 to \$35 per acre for Manitoba hands. There will be an era of road building next year, and signs indicate that I and values will double.

Salt Lake Is Saltier

Salt Lake Is Saltier.
Great Salt Lake, which is lower than it has been at any time since 1090, is saltier than it has ever been. The 'absolute amount of salt in the lake probably does not vary appreciably and has not varied since it was first seen by white men, but since the amount of water varies with evaportation and precipitation, the relative salinity increases as the level falls.

Unappreciated Kindness

Unappreciated Kindness
"Who gave you that black eye?"
"One of the diggers. He came
home suddenly and copped me with
his girl. And I only used to take her
down of an evening to the newspage
shop to see if he was killed or no!"

Colds Cause Headaches and Pains Colds Cause Headaches and Pans
Feverish Headaches and Body Peins
caused from a cold are soon relieved by
taking LAXATIVE BROMO QUININE
Tablets. There is only one "Bromo
quinine." E. W. GROVE'S signature on
the box. 39c.

It costs a lot to live, it costs to die; it costs still more to l car, and costs yet more to fly.

There is no wisdom like frankness.

The dolphin is believed to be the



Could Not Sleep

Mr. Earnest Clark, Police Officer, 338 King St., Kingston, Ont., writes:

Officer, 308 king 9th, Allagsway, ont., writes:

"For three years I suffered from nervousness and sleep-lessness. I believe my condition was brought about by overwork. I had frequent headaches, neuragic pains and twitching of nerves and muscles. I had indigestion, was short of breath and easily tired. I commenced a treatment of Dr. Chase's Nerve Food, and seven boxes of this medicine cured-me of all my symptoms. I am now feeling one hundred per cent. better than I was, and have to thank Dr. Chase's Nerve Food for the good health I am now enjoying."

Dr. Chase's Nerve Food, to cent a box, the rest's all deleters of Edmanes.

Dr. Chase's Nerve Food, 50 cents a box, 6 for \$2.75, all dealers, or Edmanson, Bates & Co., Ltd., Toronto,



How to Purify

How to Purify
the Blood
"Filteen to thirty drops of Extract of Roots, commonly called Mohre of Roots of Roots, commonly called Mohre of Roots of Roots, commonly called Mohre of Roots of Roots

Look at tongue! Remove poisons from little stomach, liver and bowels



Accept "California" Syrup of Figs only-lobk for the name California, on the package, then you are sure your child is having the best and most harmless laxitive or physic for the little stomach, liver and bowels. Child-er love its delicious fruity taste. Full directions for child's dose on each bottle, Give it without tear. Mother! You must say "California."

"I refused this poem six weeks so," said the editor. "Why do you again submit it?"

"I thought perhaps your taste had improved by this time," replied the poet, with a glean of satisfaction in

Killed By Blood Poisoning
Used an old razor for paring his
corns. Foolish, because a 25c bottle
of Putnant's Corn Extractor will cure
alt the corns in a family for a year.
Safe, because purely vegetable. Use
only Putnam's Extractor, 25c at all
dealers.

Canada's War Balance

Great Britain Is Now In Our Debt
For \$200,000,000
An adjustment of accounts between
the Canadian and the British Governments resulting from the war is now
in progress.
The British Government has fin-

The British Government has financed Canadian operations on the other side, while the Canadian Government has established imperial credits here. The oily credit now operating is for the purchase of timber, though arrangements regarding the wheat crop are to be unade. As the balance now stands, Great Britain owes Canada \$200,000,000, interest on which is being paid at 5½ per cent.

Never judge a man's knowledge of human nature by the opinion he has of himself.

Lake Eric produces more fish to the square mile than any other body of water in the world.



now to overcome difficulties. I sure we will show them the way

Cattle Disease Spreading

Threatening Herds of Cattle in Alberta With Extinction, Says.

Geo. Hutton

That disease among cattle is alarming in this province, and that it
threatens to wipe out herds, and also
the health of the people in the cities,
was the statement made by George
H. Hutton, of the animal husbandry
department of the C.P.R. Mr. Hutton spoke at a meeting of the milk
producers, at which he urged every
cow owner to apply the tuberculin
test. He said that within a radius of
35 miles of Calgary 14 out of 16 cows
had reacted to the tuberculin test.

Logic
Schoolboy: "Do you think the next train will be crowded?"
Porter: "It all depends how many there are in it."

Minard's Liniment Cures Colds. Etc.

Minard's Liniment Cures-Colds, Btc.
When the Potato Is Poisonous
Several cases of poisoning from
potatoes, the most recent being in
Leipzig, have been reported. Perhaps it is not generally known that
the green parts of potatoes contain a
poison called solanin, 0.2 grammes of
which is sufficient to produce had results. There is always a minute quantity of this solanin in potatoes, but
when these are matter never enough
to do harm, unless they have sprouted and, the sprouts have not been removed before cooking.

SATISFYING RELIEF

Sloan's Liniment has the punch that relieves rheumatic twinges

This warnth-giving, congestion-scattering, circulation-stimulating e-right to the aching spot and brings quick relief, surely, cleanly, A won-derful help for external pains, sprains, strains, stiffness, hendeches, lumbago, bruises. lumbago, bruises. lumbago, bruises. lumbago, bruises. lumbago, bruises. lumbago, bruises. funda pains, stiffness, hendeches, lumbago, bruises. lumbago, bru

onomy. Canada.



Mentioning the Unmentionable



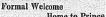
Home to Prince

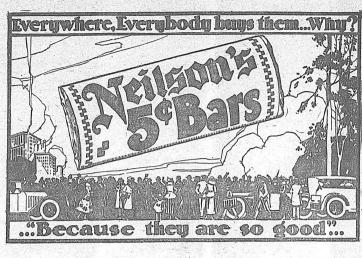
FROM LUMBAGO

Liniment Keep it handy

Mentioning the Unmentionable
A millionaire jam manufacturer,
laving retired from business and
married an earl's daughter, was
ashained of the trade whereby he
laid piled up his fortune.
One day he wrote to a neighbor an
impident letter complaining of the
way in which the other's servants
were trespassing on his grounds.
The neighbor wrote back:
"Dear Sir, — I am very sorry to
hear that my servants have been
poaching on your preserves."
"FS.—Excuse my mentioning your
preserves."—London Tit-Bits.

W. N. U. 1296





WITHOUT PURE BLOOD HEALTH IS IMPOSSIBLE VETARZO MEDICINE. BRAIN AND BRAIN AN DaLE CLERG'S PILLS FOR THE Gravel, Pains in the Back, Gout, Rhounatism. Pris Sa., leading Chemists or Dr. LE CLERG MED. CO. HAVERSTOCK-RD., N.W.S. LONDON, ENGLAND

Caves Discovered In Scotland

In Scotland
Used as Houses Couple of Thousand Years Ago
Several large caves which were used as houses a cottple of thousand years ago in Scotland have been discovered. They contain many relies auch as weaving combs, whoris and spindles, enamelled brooches, pink and colored glass armlets with which they decked themselves. Women's and colored glass armlets with which they decked themselves. Women's and children's shoos were also found. Besides these are household utensils, wooden dishes and spoons, stone lamps and platters and pottery of various kinds. The men left tools and weapons, plows, picks and rakes made of ideach anletes, wholes of exity harness mountings and large decorated swords. Prof. James Carle, who made the discoveries, declares that the Romans who were once in possession of the country taught the people to make all these things.

There are 782 varieties of Arctic

There are 782 varieties of Arctic white and yellow

State of Ohio, City of Teledo, Lucas Compay B. Clinery makes outh that he is senior partner of the firm of F. J. Cheery can be subjected by the control of the firm of F. J. Cheery can be supported by the control of Tolesh, of Tolesh, of Tolesh, of Tolesh, of the control of th

Western Horses in England Manitoba's Mining Industry

Alberta-Bed Horses Bring Big Prices in Britain Thirty-four Percheron horses, bred by George Lane, of Calgary, Alberta, and recently shipped to England, have been sold at Easten, Suffolk, and re-alized £7,018, approximately \$35,000, an average of over \$1,000 cach. Lord Minto bought a mare for 650 guineas, \$3,375, and Perfection, a stat-lion, winner three times in Canada this year, brought 550 guineas, \$3,025.

"SKIN THE CAT"

But if you won't exercise vigorously you must take "Cascarets."

There is nothing like bending ex-creises, taking long walks, or chop-ping wood to keep the liver and bow-els crivie, but most folks take their exercise in an easy chair. Such folks need Caiscarets, else they suffer from sick headache, our, and stomach, in-digestion, colds and are miserable. But don't say bilious or constituted, the contract of the contract of the total contract of the contract of the total contract of the contract of the new sicken you like Calomel, Salts, Oll or masty, harsh pills. They cost so little too—Cascarets work while you sleep.

Emergency Seed Supply

Business of Supplying Seed Ju-About Carried Itself

During the three years that the ced Purchasing Commission has been in operation \$11,896,50.96 has been advanced by the Department of

Soon to hefore use of HALTS CASE.

Soon to hefore use of states the statement of the statement of the statement of the statement of the company, which works out a grace of the company, which works out a first of the company, which works out a statement of Canada's traid for the company, which works out a statement of Canada's traid for the twelve months ended September, 1910, shows a reduction both in imports and exports of the company will proceed with their project in the spring, and the first move will be to gather the caribou herds. The Pas will be the adquarters of the category and the first move will be to gather the caribou herds. The Pas will be the adquarters of the company will proceed with their project in the spring, and the first move will be to gather the caribou herds. The Pas will be the adquarters of the category and the first move will be to gather the caribou herds. The Pas will be the company will proceed with their project in the spring, and the first move will be to gather the caribou herds. The Pas will be the cadquarters of the category and the first move will be to gather the caribou herds. The Pas will be the cadquarters of the category and the first move will be to gather the caribou herds. The Pas will be the cadquarters of the category and the first move will be to gather the caribou herds. The Pas will be the cadquarters of the category and the first move will be to gather the caribou herds. The Pas will be the cadquarters of the category and the first move will be to gather the caribou herds to the category and th

Old But Lively Supporting our contention that this Bolshevism is "old stuff," we quote Bolshevism is "old stuff," we quote Volumnia in Shakespeare's "Corlo lanus," act four, scene one, line thir

reen, to wit:

"Now the red pestilence strike all trades in Rome,
And occupations perish!" — Little Rock, Ark, Democrat.

Manitoba mines have to date yielded ore to the value of approximately \$3,000.000, according to a statement made before the Canadian Mining Institute. This is a very satisfactory production for a province where mining is still in its infancy. Of this amount, \$1,000,000 has been spent in construction of plants and refinerio construction of plants and refineries and in development. The report fur-ther states that "the spectacular dis-coveries in The Pas district are very gratifying, but the significant fact for mining men, and one that will prove more profitable in the long run, is the close proximity of immense dykes of low grade orc.

Suez Canal Is 50 Years Old

commemorate one of the greatest of condendant personally directle exceptions of the Suez Canal. The history of the realization of the dreams of the earliest navigators of the Old World. Ancient records tell of temporarily successful attempts to comment the Mediternancan and the Red Seas long before the time of Christ. But time and desert sands crased the crude dredging of those days and left or the moderns the task of providing Meditanes people. The manner of the merits of MINARD'S LINIMENT CO., LTD. In Fast.

Minard's Liniment Cures Distemper,

Wood's Phosphoding) The Great English Remedy, Toses and lavigorates the whole provise yeten, makes are Blood in old Velas, Curra Nerrous Debitty, Least of Amery, Provise Least Least of Amery, Provided Prov. Least Least of Amery, Provided Prov. Least Least of Amery, Prov. St. per bot, its forts.

for \$5.

for \$5.

for \$5.

for \$6.

for \$2.

for \$5.

for mailed in plain pag, on receipt of price. New pumphlet mailed free. THE VICCO MEDICINE CO., TORONTO, ONT. (Formally Madier.)



BOOK ON
DOG DISEASES
and How to Feed
Mailed Free to any
Address by the
Author
H. CLAY
CO., INC.,
118 West 31st-street.
New York, U.S.A.

MONEY ORDERS

A Dominion Express Money Order for five dollars costs three cents.

Realization of the Dreams of the Earliest Navigators of the Old
World
Fifty years ago there began at Port
Said on the shores of the Mediterranean Sea a five-day celebration to
commemorate one of the greatest of
commemorate one of the greatest of
commemorate one of the greatest of
comments of the great of the great of the greatest of
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comments one of the greatest of
comments of the greatest of
comments of the great of the greatest of
comments of the greatest of
comment Honor For Mrs. Vanderbilt

Minard's Liniment Cupes Distemper.

Landlady: Why are you so happy today?

Boarder: I think it is because I feel quite young in contrast with this chicken.

Laws may be repealed, but it's different with oranges.

Awards Made to Canadian Women

The "Medaille de la Reine Elizabeth" has been awarded by King Alied guite young in contrast with this did, Mrs. Frank S. Willie and Mrs. the chicken.

Laws may be repealed, but it's different with oranges.

Keeping Fit

LEANUEL HAMILTON.

It is because of the war that the perfect physical man has all at once become the idol of the world. You can make of yourself, evenrather late in life, almost anything you like. You are not going to get fit in one day, one month, or, perhaps, a year, unless you take enough outdoor exercise to keep the circulation going and practise to keep the circulation going and practise the athlete's first principle—to keep the system dean. He does not give his body a chance to absorb poisons. He not only takes his cold shower, after exercise, but he knows a cleaning of the intestines is important, and he takes occasionally a good regulator and liver cleaner, such as a dose of castor oil, or, what is much better, a tiny pill made up of May-apple, aloin and jaing, and sold by almost all druggists in the land as Dr. Pierce's Pleasant Pellets.

Keep the kidneys in good order also.

Pleasant Pellets.

Keep the kidneys in good order also.

Avoid too much meat, alcohol or tea. Drink plenty of pure water, preferably hot water, before meals, and drive the uric acid out of the system by taking "Anurio" (anti-uric-acid). This can be obtained at almost any drug store.

Sand a bottle of water to the chemist at Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., and you will receive free medical advice as to whether the kidneys are affected. When your kidneys get sluggish and clog, you suffer from backache, sick-headaches, dirry spells, or twinges and pains of lumbago, rheumatism or gout; or sleep is disturbed two or three times a night. Take heed, before too latel Gos Anurlo (anti-uric-acid), for it will put new life into your kidneys and your entire system. Ask your nearest druggist for it or send Dr. Plerce ten cents for trial package of "Anurio"

Trusting that your Xmas was a happy one and that the New Year may hold bountiful blessings for you and yours is the heartiest wish of J. R. Miller and staff

MILLER

We trust that the New Year will bring you an access of Happiness and Prosperity On looking back with pleasure on our relations during the Old Year and forward with hope for a continuance of same during 1920

"Yours for Service and satisfaction" We sell Newcastle Coal



STORM SASHS

A full line of stock sizes on hand. Special attention given to orders for odd sizes. Use Storm-Sash and save-Coal-

Also have a limited quantity of Barb Wire and Fence Posts

First come first served

Imperial Lumber Yards, Ltd.

R. W. HAMON, manager Chinook, Alberta

Under New Management

CHINOOK BILLIARD HALL

A full line of

Soft Drinks, Cigars, Tobaccos and Pipes

Come and enjoy a few hours with us

W. L. CHAPMAN, Prop.

CHINOOK MEAT

We wish all a very Happy and prosperous New Year

We take this opportunity of thanking our friends and customers for their help and patronage since we been in business in Chinook, and hope to merit a continuance of the same.

O. HINDS, Prop'r

The Glad New Year and Its

(Continued from page 4)

appreciated it, and without giving them love and caresses which to them would pay for it all, then our memories are not precious as they should be. Then we think in the quiet hours, how differently we would act now, IF we could only live our childhood over again, and we say sadly:

Backward, turn backward, oh, time in your flight, Make me a child again, just for

to-night; Mother, come back from the echoless

Take me again to your heart, as of

But we know it comes too late Let these thoughts help us for the future in our home-life with our wives, husbands and little ones, Let us make up our minds not only to love them, but to SHOW them that we do. As one woman remarked, "Let me have the flowers now, instead of when

and sitting in silence they have lost alone with loneliness and sore bereft . . . we think of loving words we might have said and they have heard.

"If I had only known." We think sorrowfully "how differenty I would have acted." again comes back the echo "Too ate ! Too late !

Of all sad words of tongue or pen, the saddest are these; "It might have been." So let us live the present, in such a way that at the end of another year, we may look back on that page of life without at least any bitter regrets to haunt us. Let us show our best side always in our home circle, and love them all dearly, so that if there should be one in our midst whom "God should set His seal upon" our memory of that loved one will always be fragrant and beautiful, and a beautiful precious memory of our beloved dead is with us always

and nothing can take it away. Kind words do not cost much in our home circle or out of it and none can estimate their worth. They soothe and quiet the hearer, and at the same time they re-act on ourselves. We would be aslamed to be uncouth and discourteous to one whom we know is always courteous and has a kind word to say of every-No one could be churlish long if met with sympathy and kindness. Let us try this in our home life amongst our dear ones see what a beautiful life we will live, what a happy home we would have. After all "speaking one's mind" only brings but a fleeting of pleasure, and there is always an undercurrent of shame in that fleeting pleasure. No!

If you've a tender message

If you've a tender message
Or a loving word to sag,
Don't wait until you've forgot it,
But whisper it to-day.
Who knows what bitter memories'
May haunt you, if you wait
To make your loved one happy
Before it is too late.

Henry Drummond says : "You will find as you look back on our life, that the moments that stand out-the moments when you have really lived-are the moments when you have done things in a spirit of love, As memory scans the past, above and beyond all the transitory pleasures of life there leap for-ward those supreme hours when you have been enabled to do unnoticed kindnesses to those round about you, things too trifling to speak about, but which you feel have entered into your eternal life."

Therefore, this glad New Year let us make up our minds that "next year will be the best ever." Let us show love and love will.

come back to us, full and running over let us have faith in others and that charity which is "akin to love," that charity which "thinketh no evil, is not puffed up, that charity which "suffereth long and is kind."

Remember, we shall pass this way but once, so that any good thing we can do, any kindness that we can show to any human being we should do it now. Let us not defer it nor neglect it, for "we shall not pass this way again." In this coming year we may make many mistakes, we have many lessons to learn, and many trials are ahead, but let us do the best we can, and the All-Wise Father, who understands will make allowances for mistakes if we mean well. Will you pardon another quotation, but it is a general favorite with all .

Over and over again, No matter which way I turn, always find in the book of life Some lessons I have to learn.

must take my turn at the mill. I must find out the golden grain;

must work at my task with a resolute will. Over and over again.

Once doing will not suffice, Though doing be not in vain And a blessing failing us once

or twice May come if we try again.

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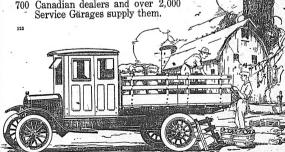
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